





1 John 1

8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.



"Confess your sins in church, and do not go up to your prayer with an evil conscience. This is the way of life... On the Lord's Day gather together, break bread, and give thanks, after confessing your transgressions so that your sacrifice may be pure" (Didache 4:14, 14:1 [A.D. 70]).

Sinners may do penance for a set time, and according to the rules of discipline come to public confession, and by imposition of the hand of the bishop and clergy receive the right of Communion.

Cyprian of Carthege





Isaiah 57

17 I was enraged by their sinful greed;
I punished them, and hid my face in anger,
yet they kept on in their willful ways.

18 I have seen their ways, but I will heal them;
I will guide them and restore comfort to Israel's mourners,

19 creating praise on their lips.
Peace, peace, to those far and near,"
says the Lord. "And I will heal them."









Three Things Confession Does

1. It establishes a community of truth



Ephesians 5

8 For you were once darkness, but now you are light in the Lord. Live as children of light 9 (for the fruit of the light consists in all goodness, righteousness and truth) 10 and find out what pleases the Lord. 11 Have nothing to do with the fruitless deeds of darkness, but rather expose them.



25 Therefore each of you must put off Ephesians 4 falsehood and speak truthfully to your neighbor, for we are all members of one body.





Three Things Confession Does

- 1. It establishes a community of truth
- 2. It heals broken relationships



Matthew 5

23 "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, 24 leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.



29 For those who eat and drink without discerning the body of Christ eat and drink Corinthians I judgment on themselves. 30 That is why many among you are weak and sick, and a number of you have fallen asleep.





Three Things Confession Does

- 1. It establishes a community of truth
- 2. It heals broken relationships
- 3. It heals you





James 5

KINGWOOD CHURCH OF CHRIST 13 Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. 14 Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. 15 And the prayer offered in faith will make the sick person well;



James 5

the Lord will raise them up. If they have sinned, they will be forgiven. 16 Therefore confess your sins to each other and pray for each other so that you may be healed.



1 Blessed is the one whose transgressions are forgiven, whose sins are covered.

Psalm 32

2 Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit.



Psalm 32

3 When I kept silent, my bones wasted away through my groaning all day long. 4 For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.



Psalm 32

5 Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord."
And you forgave the guilt of my sin.



Proverbs 28

13 Whoever conceals their sins does not prosper,

but the one who confesses and renounces them finds mercy.



1 Timothy 1

3 As I urged you when I went into Macedonia, stay there in Ephesus so that you may command certain people not to teach false doctrines any longer 4 or to devote themselves to myths and endless genealogies. Such things promote controversial speculations rather than advancing God's work—which is by faith. 5 The goal of this command is love, which comes from a pure heart and a good conscience and a sincere faith.





Sin-Punishment-Repentance-Transformation



Sin-Punishment-Repentance-Transformation

Sin-Unconditional Love and Forgiveness-Transformation-Repentance



